



# Alpine Space Transnational Governance of Active and Healthy Ageing

2020

## International conference and 3<sup>rd</sup> TGB meeting

NIJZ, on-line,  
Tuesday, 2<sup>nd</sup> December 2020  
at 8:50 – 15:45 (CET)



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## INVITATION

### **ASTAHG – Alpine Space Transnational Governance of Active and Healthy Ageing**

Conference entitled: *SUPPORTING OLDER PEOPLE IN REMOTE AREAS IN THE TIME OF COVID19*  
2<sup>nd</sup> December 2020, all day event

The National Institute of Public Health in Slovenia (NIJZ) as project partner of The Alpine Space Transnational Governance of Active and Healthy Ageing (ASTAHG) project, co-financed by the European Union via Interreg Alpine Space, is organizing an international conference, bringing together key stakeholders to share knowledge and discuss the challenges and solutions to improve the quality of life of older people in remote areas.

We would like to invite you to attend the conference entitled: *SUPPORTING OLDER PEOPLE IN REMOTE AREAS IN THE TIME OF COVID19* which will take place online on Wednesday 2<sup>nd</sup> December 2020.

With the proportion of older adults increasing, active and healthy ageing (AHA) policies are being promoted in several Alpine Space (AS) regions. Authorities from different sectors should coordinate their efforts and work with private organizations, local authorities and researchers to address the topic as effectively as possible. The ASTAHG event will provide information on the challenges of designing, implementing and evaluating public policies in remote areas.

Furthermore, older people have been greatly impacted by the COVID-19 emergency. Even though they have witnessed various drastic changes during their lifetime, the current epidemic has created unprecedented and unexpected hardships. The aim of the conference is to present experiences and good practices already promoted in the past months to address this health crisis.

The ASTAHG event will include also the 3<sup>rd</sup> meeting of the Transnational Governance Board (TGB), that will focus on the innovative solutions for AHA in response to COVID19.

During the conference various challenges will be highlighted with the help of experts from different fields and effective solutions for improving the quality of life of older people in remote areas will be illustrated.

We look forward to welcoming you to the conference. Due to limitations on the number of participants please make sure you register by November 25 at the following link: <https://www.1ka.si/a/304844>.

No one can win this challenge alone and no one must be left behind.  
Together we can do more!



## AGENDA OF THE CONFERENCE

### SUPPORTING OLDER PEOPLE IN REMOTE AREAS IN THE TIME OF COVID19

08.50-9.00	Arrival
<b>Introduction and welcome</b> <i>Moderated by Andreja Mezinec, NIJZ</i>	
9:00-9:30	Ministry of Health National Institute of Public Health Leader of the ASTAHG project - <i>Gian Matteo Apuzzo, FVG</i>
<b>Session 1: "Informing Active Ageing policies through research – Experiences from the ASTAHG-project"</b> <i>Moderated by Monika Robnik Levart, NIJZ</i>	
9:30-10:00	<ul style="list-style-type: none"> <li>- Multidimensional governance for active ageing – a model to facilitate shared decision making <i>dr. Christian E.H. Boehler, European Centre for Social Welfare Policy and Research</i></li> <li>- Indices to quantify progress in active ageing – state of the art and challenges <i>Annemarie Müllauer, University of Salzburg – Centre for Ethics and Poverty Research</i></li> <li>- Multicriteria decision analysis to support cross-sectorial decision making in AHA <i>dr. Christian E.H. Boehler, European Centre for Social Welfare Policy and Research</i></li> </ul>
10:00 – 10:10	Discussion
10:10 – 10:20	Break
<b>Session 2: Transnational Governance Board Session – part 1</b> <b>Round table with NIJZ ASTAHG stakeholders</b> <i>Moderated by dr. Mojca Gabrijelcic Blenkuš, NIJZ</i>	
10:20-10:35	National institute of Public Health (NIJZ) contribution to ASTAHG project (stakeholder survey) <i>dr. Mojca Gabrijelčič Blenkuš, Andreja Mezinec, Monika Robnik Levart, Ria Jagodic (all NIJZ); dr. Luka Kronegger, Faculty of Social Sciences- University of Ljubljana</i>
10:35-11:50	<b>Round table with NIJZ ASTAHG stakeholders</b> <ul style="list-style-type: none"> <li>- mag. Klavdija Kobal Straus, Ministry of Health Slovenia (<i>tbc</i>)</li> <li>- Anita Bregar, CSD Jesenice</li> <li>- Uroš Brežan, Municipality Tolmin</li> <li>- Eva Pejić, Health center Tolmin</li> <li>- Representative of the industry – (<i>tbd</i>)</li> </ul> Reflection by: <i>dr. Luka Kronegger, Faculty of Social Sciences- University of Ljubljana</i>
11:50 – 12:00	Break



**Session 3: Transnational Governance Board Session – part 2**

**“Innovation for Active and Healthy Ageing in response to Covid-19”**

*Moderated by Gian Matteo Apuzzo, FVG and Mojca Gabrijelčič Blenkuš, NIJZ*

12:00-13:10	<p><b>Initiatives in Europe for AHA in response to Covid-19: round table and discussion</b></p> <p><b>Introduction – Gian Matteo Apuzzo</b></p> <ul style="list-style-type: none"> <li>- NET4AGE-FRIENDLY COST Action; <i>Carina Dantas, CARITAS COIMBRA</i></li> <li>- Accurate and fast services for prevention of loss of autonomy: experimentation of a dedicated smartphone application and organization; <i>Fahrudin Bajric, PSPPACA</i></li> <li>- TreCovid19 app; <i>Riccardo Farina, PROVINCIA AUTONOMA DI TRENTO</i></li> <li>- Initiatives for the elderly during the COVID-19 health emergency: examples from the Alpine Space; <i>Elda Osmenaj, AREA SCIENCE PARK</i></li> <li>- The TAAFE project and innovative solutions in Treviso; <i>Luana Rotari, COMUNE DI TREVISO and Oscar Zanutto, I.S.R.A.A.</i></li> <li>- Social Innovation and ageing in response to Covid-19; <i>Julia Wadoux, AGE PLATFORM</i></li> </ul>
13:10-14:10	<i>Lunch break</i>
<p><b>Session 4: “Covid -19 impact on Active Ageing in rural areas around the world”</b></p> <p><i>Moderated by Ria Jagodic, NIJZ</i></p>	
14:10 - 14:25	<p>Covid 19 impact on care of older people: State Response</p> <p><i>Dr. Arvind Mathur, Asian Centre for Medical Education India</i></p>
14:25 - 14:40	<p>Keeping well at home: Greater Manchester’s collaborative response to enable older people and those shielding to remain active, healthy and well during covid-19 national lockdown measures</p> <p><i>Jane Mcdermott, University of Manchester</i></p>
14:40 - 14:55	<p>Tackling ageism during a global health crisis</p> <p><i>dr. Christian E.H. Boehler, European Centre for Social Welfare Policy and Research</i></p>
14:55 - 15:10	<p>Mental health support during COVID-19: using existing services to address new needs</p> <p><i>Matej Vinko, NIJZ</i></p>
15:10 - 15:25	<p>Challenge and opportunity in the post-Covid19 Era: for a new design of active and healthy aging</p> <p><i>Dr. Astrid Stuckelberger, GINA</i></p>
15:25 - 15:35	<i>Discussion</i>
15:35- 15:45	<b>Wrap up and closing all day event</b>

Official language will be English.